

# marie claire

## GREAT SKIN IN 9 DAYS

(No \$500 creams!)

### STRESSED OUT?

WHAT IT'S DOING TO YOUR BODY

+ *new* ways to get a grip

## Eva Mendes

THE RUMORS!  
THE ROMANCE!  
THE RISE & RISE!

### UPDATE YOUR HAIR

TOP STYLISTS' TRICKS YOU CAN DO AT HOME

### 100 AMAZING BAGS TO GIVE AWAY

### MALE SLUTS! ...AND WHY WE FALL FOR THEM

The dos and don'ts of business travel

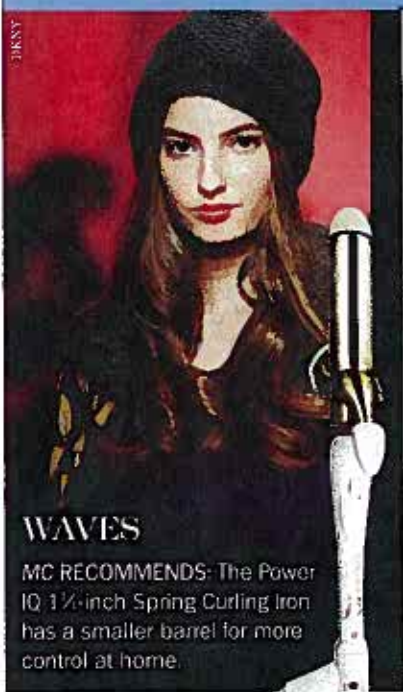
**Exclusive!**  
Barack Obama on Miley, Britney, and Hillary

# FALL FASHION ISSUE!

## NEW LOOKS FOR EVERY SHAPE AND BUDGET



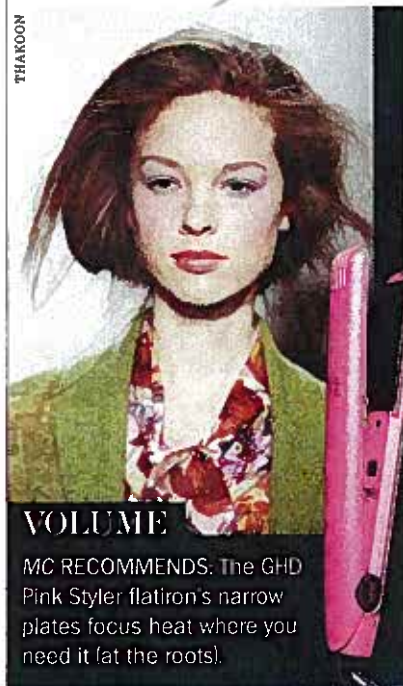
# HOT-TOOL GUIDE



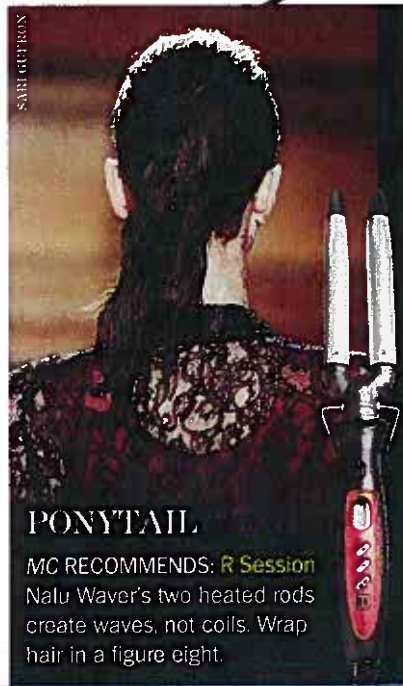
**WAVES**  
 MC RECOMMENDS: The Power IQ 1½-inch Spring Curling Iron has a smaller barrel for more control at home.



**BLOWOUT**  
 MC RECOMMENDS: The Paul Mitchell Pro Tools Express Ion Blowdryer dries hair fast and causes less damage.



**VOLUME**  
 MC RECOMMENDS: The GHD Pink Styler flatiron's narrow plates focus heat where you need it (at the roots).



**PONYTAIL**  
 MC RECOMMENDS: R Session Nalu Waver's two heated rods create waves, not coils. Wrap hair in a figure eight.

## »» RUNWAY TO REALITY



After backstage boot camp is over, I'm inspired to try the lessons I learned on my own head. I dabble in some at-home color-correction and buy a curling iron. Now it's time for the big test: I douse my hair in thickening spray, then blow it out in sections with a bristle brush. The result: a smooth and shiny blowout that lasts for two days. Eureka! I may not have the pro technique, but armed with the right products and hot tools, I'm more than halfway there. **mc**

For information on where to buy, see Shopping Directory.

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instant  
 melting  
 conditioner

Nutritive Fruit Micro-Oils  
 + Instant Smoothers



FIGHTS FRIZZ

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## BREAKTHROUGH SMOOTHING TECHNOLOGY

Penetrates instantly. Rinses clean.  
 Transforms every strand.

**GARNIER**  
 Take care.